

HELP US, MARY,

show your power;
aid us in this very hour.

You can quickly bring relief
in necessity and grief;

For your aid shall never fail,
Though all else may naught avail.

You cannot despise the plea
Which your children make to you.
Then yourself a Mother show;
Grace, where need is great, bestow.
Help us, Mary, show your power;
Aid us in this very hour.

Immaculate Spouse of the Holy Spirit,
Pray for us.



Holy Spirit Adoration Sisters
Motherhouse, Steyl, Netherlands